



**THE OLD
RECTORY**
Hotel & Spa

ESTD. 1777

SPA MENU

SPA MENU

Signature Journeys

THE OLD RECTORY 1777 TRIBUTE 150 MINS / R2,750

Soften and smooth skin with a full body exfoliation while you gently inhale the exotic aromas of Marula and Neroli; perfect to calm the mind and body. Next, surrender to a full body massage using a deeply hydrating body balm, specially tailored to suit your preferred pressure and areas of tension. A crystal-infused hydrating facial massage follows, leaving the skin nourished and glowing.

RARE EARTH POWER BOOST 120 MINS / R2,500

Boost circulation and relax tired muscles with this invigorating and uplifting journey. Start with a detoxifying Earth Clay body mask in the Rasul steam chamber followed by a deep tissue massage and a mini facial to cleanse and hydrate. Ideal to relax, rewind and energize yourself.

COOL, RESTORE AFTER SUN IMMERSION 90 MINS / R1,700

Harness the healing powers of pure Aloe Vera to restore dehydrated, sun-damaged skin. The experience begins with a refreshing Aloe Vera cocoon body wrap and conditioning scalp massage using African Potato Balm. A hydrating Pinotage facial completes the healing ritual.

ULTIMATE DETOX RITUAL 120 MINS / R2,300

An invigorating full-body exfoliation and wrap using either Coffee, Cinnamon and Orange (detox, define and sculpt) or Mongongo Nut (detox, water retention and lymphatic drainage). This revitalising treatment serves to buff away and remove dead skin and encourage cellular renewal for smooth, soft, balanced, firm and retextured skin that glows with vitality. Follow the body exfoliation and wrap with a shower and complete your experience with a luxurious and nourishing full-body massage.

BODY POLISHING RITUAL 45 MINS / R700

All scrub rituals include a nourishing body butter application. For optimum results, add any of our scrub rituals to your preferred massage therapy. Please enquire about the available options.

BODY WRAP RITUAL 45 MINS / R750

Our targeted body masks are designed to treat specific guest concerns creating both immediate and lasting results. All mask wraps are completed with a hydrating shea butter application. Please enquire about the available options.

Grooming

BROW TINT	R150
LASH TINT	R150
LASH & BROW TINT	R250
BROW OR LIP WAX	R150
CHIN WAX	R150
½ LEG WAX	R300
FULL LEG WAX	R450
UNDERARM WAX	R150
G-STRING/BIKINI WAX	R350
HOLLYWOOD WAX	R500
ARM WAX	R275
BACK WAX	R420

THE OLD RECTORY HOTEL & SPA

2 Bull Street, Plettenberg Bay, 6600

Call us on +27 44 533 1201 or email
spa@theoldrectory.co.za to book now

The spa is open daily from 09:00 to 17:00
to guests of the hotel as well as to the general
public. Booking essential.